

Charles City County Health Survey Results

Charles City Health Council

May 2013

A total of 359 surveys were collected:

- Charles City County Fair = 94
- Charles City Middle School Health Fair = 13
- Cedar Grove Baptist Church = 45
- Elam Baptist Church = 29
- Gilfield Baptist Church = 15
- Memorial Methodist Church = 16
- New Vine Baptist Church = 40
- Peace Hill = 19
- Ruritan Club = 21
- Samaria Baptist Church = 67

Demographics:

	N=359	
	Total	% of Respondent
Sex		
Male	132	37
Female	219	61
unknown	8	2
Race		
Caucasian	76	21
African-American	173	48
Native American	66	18
Asian or Indian	3	1
Other or unknown	41	11

Mean Age = 58.9

Chronic Medical Conditions Affecting Residents:

	N = 359	
	Number Affected	% Affected
Smoking	30	8
Hypertension	196	55
Diabetes	75	21
Heart Disease	42	12
Depression/Anxiety	38	11
Asthma	15	4
Lung Disease or COPD*	6	3
Cancer**	20	6
Other***	10	3

*not an option used at Charles City annual fair surveys

**cancers reported included breast, prostate, colon, squamous cell, basal cell, melanoma, bladder, lymphoma, and leukemia

***other health problems reported included high cholesterol, thyroid disease, joint disease, osteoporosis, and eye problems

Charles City County Health Survey Results

Charles City Health Council

May 2013

Future Personal Health Concerns:

	N=359	
	Total	% of Respondents
Obesity/Nutrition	155	43
Heart Disease	96	27
Drug/Alcohol Abuse	17	5
Diabetes	148	41
Smoking	18	5
Depression/Anxiety	27	8
Other*	37	10

*Other personal health problems identified were cancer (4%), hypertension (1%), arthritis (1%), sleep apnea, back problems, high cholesterol, exercise/fitness, old age, Alzheimer's, bone density, lung disease, and kidney disease

Perceptions of Community Health Problems:

	N=359	
	Total	% of Respondents
Obesity/Nutrition	226	63
Heart Disease	163	45
Drug/Alcohol Abuse	109	30
Diabetes	251	70
Smoking	113	31
Depression/Anxiety	48	13
Other*	26	8

*Other health problems identified were cancer (5%), broken homes, vaccines, affordable care, old age, arthritis, hypertension, lack of health food.

Like to see Improved in Community:

	N = 265	
	Number	% of Respondents
Trails/facilities	103	39
Availability of fresh food	91	34
Air quality	27	11
Pollution/toxins	41	14
Access to clinics/hospitals	135	51
Other*	13	5

*Other improvements residents would like to see include landfill concerns, exercise classes, safe well water, poverty, assistance for elderly, nutrition education, gym and basketball courts, community awareness for healthy lifestyles.