

# Charles City County Parks & Recreation



To preserve the health of our community and prevent the spread of COVID-19, the following Phase II plan has been implemented for the phased reopening of Parks and Recreation facilities, activities, and programs. Phase II Guidelines are in effect until additional guidance is given by the Governor's Office and the Charles City County Board of Supervisors:

These guidelines follow Governor Northam's "[Forward Virginia](#)" blueprint, the [Centers for Disease Control](#) and [Virginia Department of Health](#) guidelines designed to protect every member of our community, as well as department staff.

Information listed below is subject to ongoing review and modification, based on current public health conditions and may be changed or reverted to a previous phase at any time, based on an upturn in percentage of positive COVID-19 cases in the community or region, recommendations of local or state health professionals or guidance of federal, state or local officials.

## **Social Center Rentals:**

- Social center gatherings are limited to 50 participants.
- Guests and patrons must wash hands with soap and water or use the provided alcohol-based hand sanitizers containing at least 60% alcohol upon entry.
- Temperature screenings of all guest and patrons. Individuals with a fever, a temperature of 100.4 or higher or symptoms of COVID-19 or known exposure to a COVID-19 case in the prior 14 days, are not permitted in the establishment. Encourage guest to stay home if they are sick or exhibiting symptoms.
- Practice physical distancing of at least six feet between each person unless they are with members of the same household. Attendees are encouraged not to pass items to other attendees who are not members of the same household.
- A face mask is required of any person age ten and older. Individuals must always wear a mask or face covering while entering, exiting, or traveling through common areas of the building. A face mask is anything use to covers your nose and mouth, such as a mask, scarf, or bandana.
- No self-service of food (except beverages), including condiments. Condiments should be removed from tables and dispensed by renter upon the request of an attendee. Buffets must be staffed by servers. For self-service beverage areas, use beverage equipment designed to dispense by a contamination-free method. Gloves are required of all individuals serving food.
- Any items used to distribute food or beverages must be disposable, used only once, and discarded.
- Table and chair configurations must be arranged in a manner to ensure six feet of physical distance can be maintained between all organizers, staff and attendees who are not members of the same household.
- Entrances and exits must be configured to reduce the occurrence of bottlenecks at the beginning and conclusion of the event.
- Social Center restrooms are cleaned and sanitized daily.
- A signed acknowledgement of the new rental guidelines is required prior to entry.

- **Park Rentals:**

- Park gatherings are limited to 50 participants.
- Guests and patrons must wash hands with soap and water or use an alcohol-based hand sanitizer containing at least 60% alcohol upon arrival. Sanitizer is to be provided by the renter.
- Practice physical distancing of at least six feet between each person unless they are with members of the same household. Attendees shall not pass items to other attendees who are not members of the same household.
- A face mask is required of any person age ten and older in outdoor spaces shared by groups of people who congregate less than six feet from one another or who are near each other for more than ten minutes. A face mask is anything use to covers your nose and mouth, such as a mask, scarf, or bandana.
- Encourage guest to stay home if they are sick or exhibiting symptoms.
- No self-service of food (except beverages), including condiments. Condiments should be removed from tables and dispensed by renter upon the request of an attendee. Buffets must be staffed by servers. For self-service beverage areas, use beverage equipment designed to dispense by a contamination-free method. Gloves are required of all individuals serving food.
- Any items used to distribute food or beverages must be disposable, used only once, and discarded.
- Picnic Table seating configurations should be arranged in a manner to ensure six feet of physical distance can be maintained between all organizers, staff and attendees who are not members of the same household.
- A signed acknowledgement of the new rental guidelines is required prior to use.

- **Parks / Fishing Pier**

- Patrons must practice physical distancing of at least six feet between each person unless they are with members of the same household when walking, fishing, or boating.
- Face coverings or masks are strongly suggested within less than six feet apart from others.
- Playgrounds and playsets are not sanitized.
- No more than 7 people are encouraged to be on the pier at the same time.
- Patrons are encouraged to stay home if they are sick or exhibiting symptoms.
- Prohibited Items:
  - Group activities, sports, alcohol, tents and other activities and items that attract gatherings.
  - Activities that share equipment or involve touching.
  - Entertainment and programming that generate gatherings.
  - Rentals with more than 50 attendees.



## Phase II: Social Center Pool Information

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- **Hours of Operation:**
  - Sunday – Saturday
  - 1 – 6 pm | Times are scheduled individual based or for members of the same household.
- **Appointment Times:**
  - An appointment time is required to utilize the pool.
  - Appointment times for the pool are scheduled for a maximum of 1 hour 30 minutes.
  - Appointments can be booked a week in advance by calling 652-1601.
  - Patrons can register for a maximum of two appointment times per day. Patrons registering for back-to-back pool times must leave the pool and locker rooms in between their time slots to allow for staff cleaning and disinfecting.
  - Rentals of the pool is strongly encouraged if you desire additional pool time.
- **Registration Form and Season Pass Membership:**
  - An updated registration form must be completed and on file prior to registering to attend the pool or to sign up for swim lessons. All youth and adults must have a form on file. Youth patrons attending with adults must be a member of the same household to attend.
  - A season pass membership payment must be on file prior to registering to attend the pool or to sign up for swim lessons for all individuals utilizing the pool.
  - A season pass membership payment is not required for individuals who have rented the pool and attending with members of the same household
  - Season Pass Rates:
    - Ages 0-5: \$25 per person | Ages 6-17: \$35 per person | Ages 18+: \$45 per person
- **Rental Information:**
  - Rentals can be schedule in advance and until Labor Day.
  - Rentals require a \$25 non-refundable fee and completion of a rental agreement.
  - Rental Rate: (3 hours of usage)
    - Resident: \$100 for 3 hours | \$20 per additional hour | \$60 cleaning fee
    - Non-Resident: \$110 for 3 hours | \$30 per additional hour | \$60 cleaning fee
- **Maximum Occupancy:**
  - The pool is limited to 8 participants who are members of the same household.
- **Swim Lessons:**
  - Swim lessons are upon request and scheduled after payment of the registration fee.
  - Lessons are \$40 per person and are a maximum of one hour in length.
  - Lessons can be scheduled individually or for multiple individuals who are members of the same household.
- **Additional Pool Rules:**
  - Patrons must consent to temperature screenings upon entry. Individuals with a temperature of higher than 100.4, a fever, symptoms of COVID-19 or known exposure to a COVID-19 case in the prior 14 days are not permitted in the establishment.
  - Patrons are encouraged to stay home if they are sick or exhibiting symptoms.
  - Showers are required before and after pool use.
  - Band-aids and bandages must be removed before entering the pool area.
  - Toys, floats, water balloons, water guns, or balls are not allowed on the pool area or in the pool.
  - Lost and found will not be provided. Any items left at the pool will be discarded that day.
  - Face masks must be worn during the pool check-in process and within 6-ft of lifeguards/ staff.
  - No smoking, alcohol or chewing gum.
  - All forms of horseplay including dunking, pushing, and running is prohibited.
  - Pets are not permitted inside the fenced pool area.



## Phase II: Ruthville Gymnasium Complex Information

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- **Hours of Operation:**
  - **Monday – Friday**
    - 8 am – 10 am (Senior Hours) | 10 am – Noon and 3 pm – 7 pm
    - Facility Hours limited; Facility closed for cleaning at specified times
- **Appointment Times:**
  - An appointment time is required to attend a fitness class, utilize the gymnasium or fitness center. Appointment times for the gymnasium and for workouts are scheduled for a maximum of 45 minutes. Appointments can be booked one week in advance by calling 652-1601.
  - Patrons can register for a maximum of two appointment times per day. Patrons registering for back-to-back fitness times must leave the building in between their time slots to allow for staff cleaning and disinfecting.
- **Registration Form and Membership:**
  - An updated registration form must be completed and on file prior to registering to attend a fitness class, utilize the gymnasium or fitness center. Guests are not permitted to attend with a registered patron.
  - A current monthly membership payment must be on file prior to registering to attend a fitness class, utilize the gymnasium or fitness center.
- **Maximum Occupancy:**
  - Fitness classes, exercising, training, open gym and conditioning are limited to 50 participants.
    - Maximum of 4 patrons allowed in the Strength Training room at a time.
    - Maximum of 4 patrons allowed in the Cardio room at a time.
    - Maximum of 8 participants allowed in the Studio at a time.
    - Maximum of 30 participants allowed in the Gymnasium at a time for fitness classes and a maximum of 8 participants from the same household for Open-Gym.
- **All Patrons:**
  - Must wash hands with soap and water or use the provided alcohol-based hand sanitizers containing at least 60% alcohol upon entry.
  - Must consent to temperature screenings upon entry. Individuals with a temperature of higher than 100.4, a fever, symptoms of COVID-19 or known exposure to a COVID-19 case in the prior 14 days are not permitted in the establishment.
  - Must consent to answering COVID-19 questions at registration for appointment slots.
  - Must practice physical distancing of at least ten feet between each person unless they are with members of the same household.
  - Must not pass items to other attendees who are not members of the same household.
  - Must bring their own yoga mat, yoga blocks and yoga straps.
  - Must wear a face mask or face covering while entering, existing, or traveling through common areas of the gymnasium if older than 10 years of age.
  - Must not spot other patrons when they are utilizing strength training or free weight machines unless they are with members of the same household.
  - Must clean and sanitize equipment utilized before and after each use.
- **Fitness Classes:**
  - Classes with less than 8 registered participants will take place in the Group Exercise Studio.
  - Classes with more than 8 registered participants will take place in the Gymnasium.
  - Only individuals registered in advance for a time slot, individuals who have current fitness center memberships and a registration form on file will be allowed to attend.
  - Classes are a maximum of 45 minutes in length and require registration a maximum of 48 hours in advance.

## **Phase II: Ruthville Gymnasium Complex Information**

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- **Gymnasium Patrons:**
  - Appointment times are taken for individuals wishing to utilize the gymnasium for basketball.
  - 45-minute time slots are made on an individual basis or for groups of no more than 8 with members of the same household.
  - For individuals wishing to utilize the gymnasium, all members of the group must have a current registration form on file, must reside in the same household and must register for the same time slot.
  - Must adhere to a minimum of 6 feet between everyone when utilizing the gymnasium for a fitness class.
- **Additionally:**
  - To reduce community spread of COVID-19 the water fountains, handheld fitness equipment, as well as several cardio and strength training machines have been decommissioned.

## Phase II: Adult Softball Information

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- **All Players and Spectators:**

- Must wash hands with soap and water or use the provided alcohol-based hand sanitizers containing at least 60% alcohol upon entry.
- Must practice physical distancing of at least six feet between each person unless they are with members of the same household.
- Must not pass items to other spectators or players who are not members of the same household.
- Must bring their own lawn chair, food, drinks, and snacks. Grandstand Bleachers and metal bleachers will be taped off or removed to prevent use.
- Must wear a face mask or face covering while traveling through common areas such as restrooms and when less than 6 feet apart from an individual who does not reside in their same household.
- Encouraged to leave without congregation at the conclusion of their games.
- To prevent spitting, sunflower seeds, chewing gum and chewing tobacco is prohibited.
- The concession stand will remain closed during games for food purchase. Drinks only.

- **Teams:**

- Must consent to temperature screenings upon entry. Individuals with a temperature of higher than 100.4, a fever, symptoms of COVID-19 or known exposure to a COVID-19 case in the prior 14 days are not permitted to play.
- Each team is responsible for sanitizing their own bats, gloves, and helmets.
- Offensive dugouts will consist of the first 5 batters (the hitter, on deck batter and 3 in the dugout) and the rest have to be outside the dugout (outfield side) six feet apart and entering the dugout one at a time as batters complete their at bat (so that there are never more than 3 in the dugout).
- Prior to game, a pre-game talk with each team will be made reminding players of protocols and players must leave if Covid-19 symptoms exist.
- Teams and players must arrive dressed in team uniforms.
- No shaking of hands or high fives by players or coaches
- A maximum of three people will be allowed inside of the press box.



- **Rule Modifications, Field Set up and Base Design:**

- Umpire will be stationed a minimum of 6 feet from the batter and catcher.
- All outs are force outs. This eliminates plays that would violate social distancing
- Batter runs to orange base at first base, if they reach this base safely, they will transition to the white base and continue running to the white bases from here on. Fielder tags white base, runner to orange base. Baseball fields are set up with double bases. One set of bases for offensive player. One set of bases for defensive player.
- If a baserunner occupies first base the first baseman must play either 6' in front of the runner or 6' behind.
- Plays at home will be judged by when the ball is caught at home and if the baserunner has crossed the Scoring Line.
- Catcher will set up a minimum of 6 feet behind the batter and must let the ball touch the ground before they retrieve.
- Third base coach's box will be marked so that there is six feet distance from all people on the field. First base coach will be eliminated.
- Coaches box will be painted and be further down the line and more than 6 ft from the bases.
- Field will be set up with double bases. One base for offensive player. One base for defensive player. Home plate for the runners will be the strike zone mat behind Homeplate.
- Catchers must position themselves six feet away from the umpire.
- Both the pitcher and catcher are encouraged to wear a glove on their throwing hands.

## Phase II: Parks and Recreation Administrative Office Information

- **Social Center:**

- Social center gatherings and programming are limited to 50 participants.
- Guests and patrons must wash hands with soap and water or use the provided alcohol-based hand sanitizers containing at least 60% alcohol upon entry.
- Temperature screenings of all guest and patrons. Individuals with a fever, a temperature of 100.4 or higher or symptoms of COVID-19 or known exposure to a COVID-19 case in the prior 14 days, are not permitted in the establishment.
- Patrons are encouraged to stay home if they are sick or exhibiting symptoms.
- Practice physical distancing of at least six feet between each person unless they are with members of the same household. Patrons are strongly encouraged not pass items to other attendees who are not members of the same household.
- A face mask is required of any person age ten and older. Individuals must wear a mask or face covering while entering, exiting, or traveling through common areas of the building. A face mask is anything use to covers your nose and mouth, such as a mask, scarf, or bandana.
- Table and chair configurations for programs will be arranged in a manner to ensure six feet of physical distance can be maintained between all patrons.
- Entrances and exits will be configured to reduce the occurrence of bottlenecks at the beginning and conclusion of an event or program.
- Social Distancing signage and markers are displayed throughout the building.
- Increased number of sanitizer stations throughout the building.
- Social Center restrooms are cleaned and sanitized frequently.
- Plexiglass barriers have been installed for to utilize when conducting business transactions.

